

# MAJOR 7TH ARP. SEQUENCE IN THE CYCLE OF MINOR 3RDS

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## Lick #2

**C maj 7 Arp. A Form**

Guitar

Guitar

**E $\flat$  maj 7 Arp. C Form**

Gtr.

Gtr.

**F# maj 7 Arp. D Form**

Gtr.

Gtr.

**A maj 7 Arp. G Form**

Gtr.

Gtr.

Make sure you practice this exercise with a metronome. This is critical. Also when you get to the end repeat back to the beginning and play the exercise over and over. Do this for about five minutes. This will make your picking hand very solid.